

APRIL

MAGAZINE

ARTICLES

# FG. Paper

FJÖLBRAUTASKÍLONN Í GARÐABÆ

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MAGAZINE

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# FG. PAPER

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INTERO

Aníta Björk Heiðarsdóttir - The parking disaster of FG and Studying Abroad.

Berglind Rán Helgadóttir - Össur and The steps to pass your course.

Elísa Helga Sigurðardóttir - University days 2023 and The steps to making the perfect apology.

Evelina Kreislere - Össur and

Gunnar Gabríel Arnarsson - A Beginner's Guide to Environmentalism .

Írena Héðinsdóttir Gonzalez - The Future of Writing and Learning: The Impact of AI Writing Tools on Education.

Jóhanna Klara Óskarsdóttir - Religion and religious discrimination.

Lára María Aðalbjörnsdóttir - Studying abroad and What to do Before Picking a University.

Lóa Kolbrá Friðriksdóttir - Heathers

Oddrún Arna Einarsdóttir - The healthcare system in Iceland and the changes that need to be made.

Sasini Hansika Inga Amarajeewa - Race and diversity and 3 Cities students should visit

A school magazine that a few students in FG made in ENSK3fa05.

This school magazine is filled with articles relating to FG and its students.



# RACE AND DIVERSITY

Many social issues are happening in today's society, and people are still trying to figure out how to resolve them and prevent them from getting worse. Significant issues that have been happening for many years are racial issues and how some people still do not respect other races than white. Even though many countries are diverse, many people have understood that people of colour are as ordinary as Caucasian people. However, this is still a raging issue that has been a significant social issue for decades. Many people have been trying to pay attention to racial issues, such as in America. There was a devastating incident that occurred in the summer of 2020 when a police officer brutally killed George Floyd due to the colour of his skin. After this tragic incident, people wanted to be more aware of this racial issue, so black people started the Black Lives Matter movement, which got a lot of attention from many people. This event made people finally understand that the gravity of racism hasn't wavered to this day. Even after George Floyd's death, American police officers still killed black people for no reason, which led to much controversy.

As a brown person in a predominantly white society, I understand the daily struggle of people of colour. I think people do not realize how tragic this is, how people are getting killed and brutally murdered because of skin colour. Many Icelandic people believe there is no racism in Iceland, but I disagree. I myself have experienced racism, Icelandic people do not understand how it feels, even though it may be acute or not. In my experience, people have talked to me in English when I walk into a store, even though I speak Icelandic back to them. They still keep talking in English, which I find very disrespectful. Just because I am not white does not mean I can not speak Icelandic. Also, how some people tend to stare at me in public and give me rude stares is really annoying. As evident, racial issues are significant and raising problems in society, which I find very problematic, and people should do more to stop racism. People need to understand that this is very serious.



The question is, what can people do to increase awareness of racism? Many countries are diverse, so it should not be a problem. White people need to do more research on this topic and maybe even talk to people of colour and hear their stories on this, how it has been for them and how their lives have changed to racism. Black people have been trying their best to put more awareness into society, but it should not always be in their hands to raise awareness. White people should also be responsible for getting other people's attention on this topic. Racism has been around for way too long, and it really should not be. People need to realize how serious this is for coloured people in society. People need to make this a priority, take responsibility for their actions and make the community better for coming generations and for those living through this now.



# The steps to making the perfect apology

Almost everybody has had to apologise to someone for their behaviour at some point in their life, such as parents, friends, teachers, co-workers and others. Unfortunately, many individuals make the mistake of using wrong methods when apologizing, only to make the situation worse.

If you consider your apologising skills to be inadequate, then these 5 ways almost make a fool-proof method on how to apologize for your mistake or behaviour.

The first step is to not rush into it; most of the time, if you decide to apologize later, the person you are apologizing to has had time to calm down and think clearly about the situation, so they will be more likely to accept the apology.

The second and third steps must be executed simultaneously. Sadly, however, many people do not follow this step, which makes them sound unconvincing.



The second step is to start the conversation with "I want to apologize for..." or "I am sorry for". The third step is to focus on taking responsibility and avoid making excuses or blaming someone else for your mistakes; by stating right away that you are sorry and take responsibility and own up to your mistakes, you will sound far more genuine and trusting, while proving that you recognize what you did wrong and you can learn from them.

The fourth step is to explain your mistakes and why your actions were wrong: if you made a mean comment, make it clear in your apology that you misspoke, or it was out of pocket.

The fifth and final step is not to expect forgiveness, as it takes time and the person you hurt may need time to get over the situation, and the person will be less likely to be open to reconcile if you get defensive of not being forgiven right away.

**PRJN1pl05**

DO YOU LIKE KNITTING?

DO YOU WANT TO LEARN HOW TO KNIT?

IF YOU DO, THEN YOU SHOULD TAKE OUR COURSE IN KNITTING!

YOU WILL LEARN THE BASICS OF KNITTING AND WILL KNIT A SWEATER FOR YOUR FINAL ASSIGNMENT!

JOIN US FOR NEXT SEMESTER!



# STUDYING ABROAD



## Introduction

Studying abroad has increased in popularity recently as students have become aware of the benefits that come along with it. Studying abroad not only allows you to travel the world and learn about new cultures, but you also gain important skills that will help you later in life.



Research shows that studying abroad enhances a person's interest in academic study and influences subsequent educational experiences. Moreover, studying abroad has been proven to increase your likelihood of having a successful career. If you ever get the opportunity to study abroad you should take it. Here is an interview with two girls that are talking about their experiences traveling abroad.



## Erasmus

Lára was in her third year at FG when she participated in an Erasmus project. The project that she took part in is called Essence of Agriculture and Rural Traditional Hospitality, or EARTH for short. The goal of the project was to encourage new sustainable innovations for tourism in rural areas. The countries that are participating in the project are Iceland, Italy, Spain, Portugal, Croatia and Greece. Lára was one of 20 kids chosen from Iceland to participate and she was a part of a four-person group that went to Italy. Each person was paired with an Italian host family that they would live with for the duration of the trip.



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## “VERY EDUCATIONAL BUT ALSO VERY FUN”

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The coordinators and teacher had planned a full week of activities such as presentations from companies, tours around towns and time to work on their own presentations about their innovation. The kids were grouped up in five eight-person groups and they all had to come up with a product or a service that would somehow make tourism more accessible in these rural towns. Then they would present their innovations to a group of judges and the rest of the kids. The trip did not just consist of learning and listening to presentations, in their free time all of the kids would meet up and do something fun together.

Lára says that this trip was very educational but also very fun and she got to meet a lot of fun people from different cultures that she still talks to today. During her time in Italy she had to mostly communicate in English. She gave a presentation about Iceland in English, she created an idea of a company whilst communicating in English and she even did a TV interview in English. It can be difficult to communicate in English when you put together such a big group of people who are all from different countries but they got through the language barrier and had fun together.



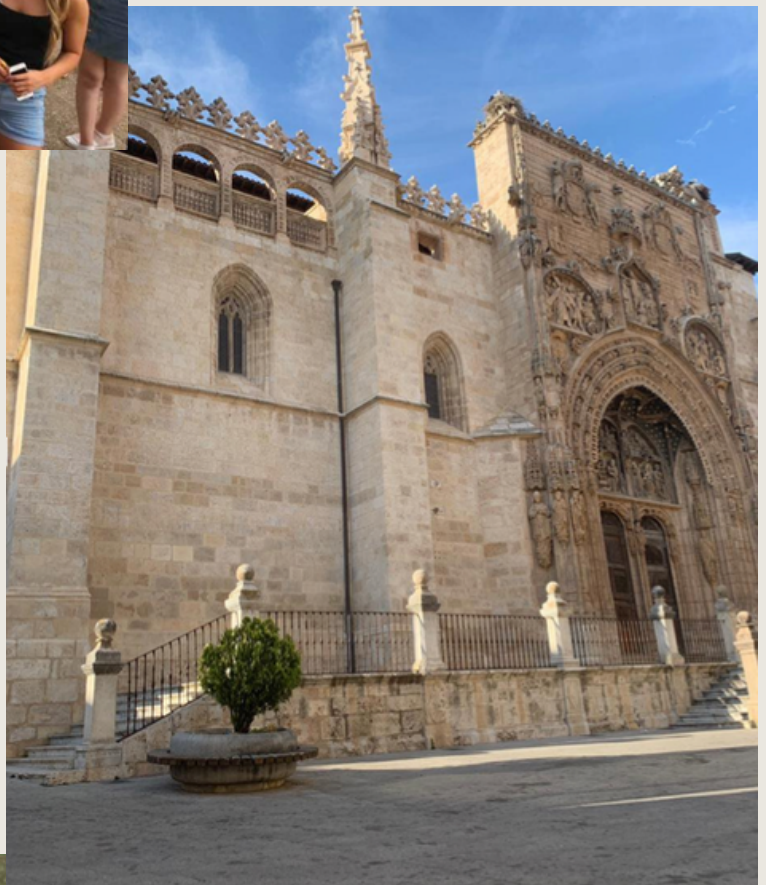




## MUNDO

Mundo is a travel agency that also offers exchange programs to places all over the world. Mundo's main values are education, enjoyment, culture, and practice (Mundo).

Aníta was 14 years old when she participated in Mundo summer camp 2019. The camp was set up in a way that about 20 Icelandic kids and 20 Spanish kids were chosen to partake in the program after an interview process. The camp was located in Aranda de Duero in Spain. The Icelandic kids would be paired with a Spanish family that they would then live with for the duration of the camp. The families you were paired with had a Spanish kid the same age. Aníta was paired with an amazing family of four. Here is a picture of Aníta and her Spanish family. On the left you can see Antonio, the father, in the middle you can see Aníta and Daniel and on the right you can see Pilar. Sadly Bruno, the youngest son, is not in this picture.



On weekdays Aníta and Daniel would go to school from 10 AM to 2 PM. Aníta would study Spanish while Daniel would study English. After that, they would go back home where they would enjoy a home cooked meal together as a family. After eating a delicious meal they would have a siesta, which is a midday nap, before going back to school at 5 PM. At 5 PM they would do sports together with all the other kids. On weekends, each family would plan some fun activities such as going to a town festival, exploring an old town, having a dinner party, and so much more.



## Studying Abroad

Mundo also planned different excursions for the whole group, one of them being a camping trip to an Amazing little town called Santoña. Another trip was to a fossil excavation site in the Atapuerca Mountains of Spain. It was a very educational trip and they learned a lot about fossils. They were taught about the evolution of the human skull and how its shape changed with human evolution.

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## Conclusion

These two experiences were both very different but they both agree that the trips were such a good experience and they learned many new things. You truly grow from studying abroad and you become so much more open to different cultures and experiences. They both encourage people to try studying abroad as it really broadens your horizon. While studying abroad you learn a myriad of new skills that you would otherwise not learn at such a fast pace.



**ARE YOU MAJORING IN BUSINESS?  
ARE YOU INTERESTED IN TRAVELING AND MEETING NEW PEOPLE?**

**JOIN THE EARTH - ERASMUS PROGRAM**

**JUST TALK TO ANY BUSINESS TEACHER IN FG FOR A CHANCE TO GO TO  
PORTUGAL OR CROATIA**

# UNIVERSITY DAYS 2023

In March, the University in Reykjavík (HR) and the University in Iceland (HÍ) invited teenagers in High school from ages 17 and older to visit their schools and see what education they have to offer. Many FG students visited the universities and have reportedly been very happy about their visit. I spoke to two graduating students about their visit. They spoke about how interesting and educational it was to learn about all the different educations the universities in Iceland offer.



One of the interviewed students was somewhat scared about graduating because they did not know what they wanted to work with in the future. Still the student talked about how these college days helped them get an idea about what field of study they find interesting. The other graduating student reported that she already had an idea about what she wanted to learn but after going to the college days in HÍ, she had a change of heart and found another education she is interested in and wants to work with in the future.



# Steps to pass your course

## Be on time

You should always arrive try on time, because class attendance contributes towards your final grade. It should also be mentioned that failing.

## Be Organised

It can be really hard to be organized sometimes and especially for some people, but it really helps when it comes to handing in your assignments on time.

## Listen to the

It is really hard to listen to someone talk for a long time but it's really important to try your best.

## Participate in class

When you participate in class you can understand more what is going on and that will help you to focus more in class as well.

## Take notes

It can be very hard to pay attention to the teacher when he is talking for a long time. But it really helps to take notes while the teacher is talking to have more focus. But it is very important to find a note-taking strategy that works for you.

## Ask questions

This one is very important, if you are not sure about something it is very important to ask.

## Don't procrastinate

This is tough for many students. But if you have to procrastinate it is very important to do it the smart way or else you might run out of time to hand in your assignment or study for a test.

## Keep a study routine

Find a good study routine that suits you and than you can be sure that you will hand in your assignments on time.

## Read your books

It doesn't sound exiting but the books are for the class for a reason, to help you study and make it easier for students to understand the subject matter.

## Talk to the teacher

If you are struggling with a class you should not be afraid to talk to the teacher and let him know that you are struggling. Then he knows and can keep an eye on you and give you some extra help. But of course every teacher is different but it doesn't hurt to try.

# THE HEALTHCARE SYSTEM IN ICELAND AND THE CHANGES THAT NEED TO BE MADE.

The healthcare system is one of the most important parts of any country to ensure people can live happy lives. In Iceland, like the other Nordic countries, we pride ourselves on our healthcare system, which is government-run and mostly free for the users. We think it is one of the best in the world and Iceland usually ranks highly in international comparison.

Everyone agrees that the healthcare system is something everyone should be able to trust, but unfortunately, that is not the experience for everyone. Many people have had bad experiences with the healthcare system that may hinder them from seeking medical treatment unless it is something serious. Everyone's experiences matter and sharing our stories is important to get the change we need.

Many people go to the doctor to seek treatment, but often the doctor does not listen to them, and they are sent home, still feeling ill. That results in less trust in the doctor because they didn't listen and the next time they go, they must exaggerate so the doctor takes them seriously. When people go to the doctor, they want to know they can trust the doctor and that the doctor will do their best to treat the patient.

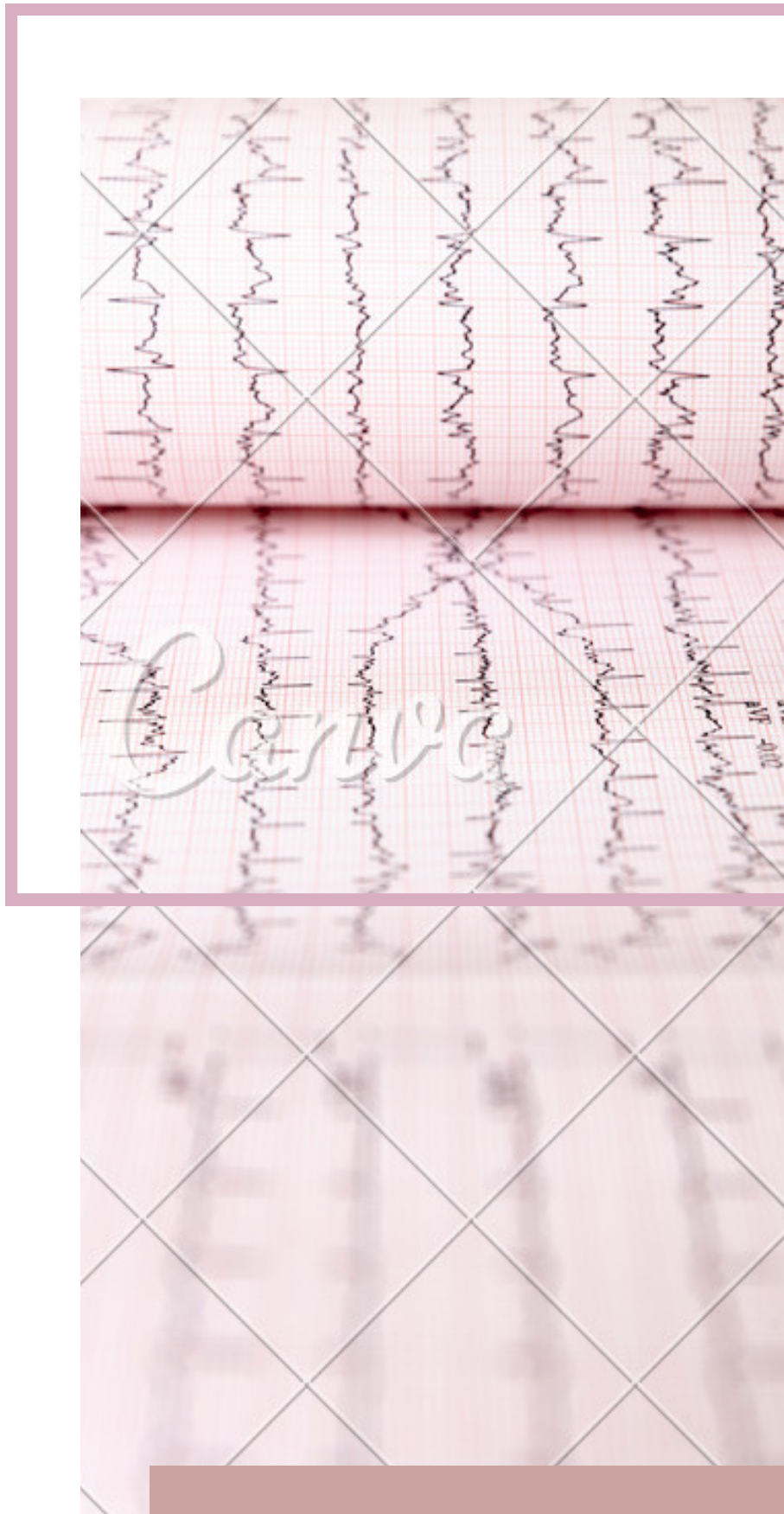
Often people get many wrong diagnoses before getting the right one and the proper treatment. Of course, it can be hard to diagnose some diseases and it is good to know that the doctor is doing his best, but it can be mentally and physically exhausting for the patient.



An Icelandic woman named Helena Gylfadóttir recently went public about her wrong diagnosis. She had been complaining of back pain and went to her general practitioner, who told her it was just "age" and told her to go for walks regularly. She went to a rheumatologist, and he implied that she had fibromyalgia and gave her some medications. But the pain only got worse. She could not sleep and had to take sick leave from her job as a kindergarten teacher. She was finally taken to the hospital by ambulance because the pain was unbearable. After an MRI scan in the hospital, it turned out she had seven metastases in the spine that originated from her breasts. She had stage four breast cancer. After informing her general practitioner that had not listened to her complaints, he said, "It could have been something more innocent in the back than that". "If 1,800 people are diagnosed with cancer every year, we are talking about close to six hundred people every year who seek a doctor and are not listened to," her sister says in an interview with mbl.is.

In order to change the situation, the government is trying to pass a new law in Iceland about patient advocacy that will hopefully be passed at the end of this term. The patient advocate will act as an ombudsman for patients in dealing with the healthcare system and the government, looking after their interests. Hopefully, this new position can help change the situation for the better. The hope would be that the patient advocate's work could help highlight the problems patients have in dealing with the healthcare system. This might lead to changes within the system that might affect access to healthcare services so everyone can get the help they need and increase the quality of service, so misdiagnoses will be fewer. The patient advocate can also hopefully help patients get compensation if they become victims of medical malpractice.

So, while the Icelandic healthcare system is in many ways very good when compared with other countries there still is a lot to improve.



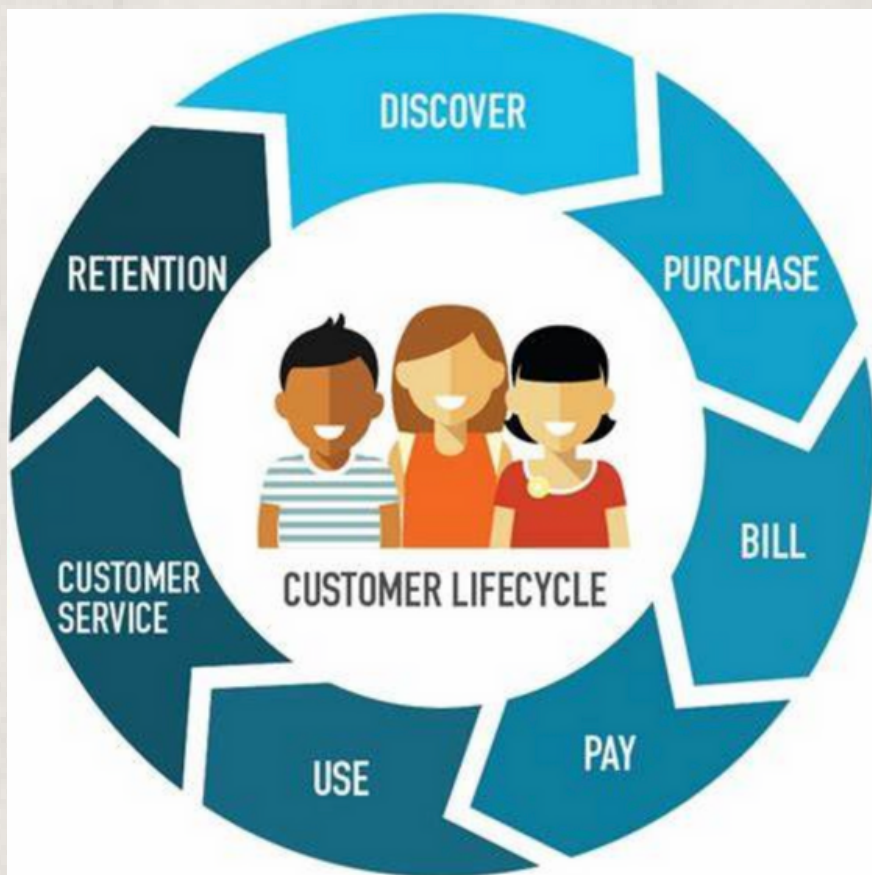


# A BEGINNER'S GUIDE TO ENVIRONMENTALISM

Are you aware of the purpose of environmentalism?

Environmentalism, by definition, is “a political and ethical movement that seeks to improve and protect the quality of the natural environment through changes to environmentally harmful human activities” (Elliott, 2023). The earliest records of humans worried about air pollution are as old as the Roman Empire. Unfortunately, public intervention as a response to increasing pollution would not surface until the late nineteenth century, as a result of the carbon emission following the industrial revolution. (Elliott, 2023).

Following the end of the second World War, The United States of America, who were one of the few nations to cash in on the war, were looking to seize the opportunity to become a global superpower. As a result, they turned to capitalism. Although their plan transformed the USA into financial titans, the capitalist mindset of producing, buying and selling as much as possible has forced companies to ravage the landscape to keep up with the increasing demand of resources. And because most modern societies have adjusted their lifestyle to capitalism, launching large-scale operations, like banning coal imports, would most certainly anger the Earth's population. In modern times the most iconic form of environmentalistic actions is protesting against the governments' lack of actions, although human society must also be ready to do their part in preserving our world.



# The many dangers of consumer plastics.

A great example of how pollutive human practices can be is the life of a single-use plastic bag; by drilling into the ocean floor in search of oil, the surrounding seabed will be destroyed and, if oil starts to leak from the drilling site, all nearby sea life gets killed along with the area getting contaminated. The boats who sail across the seas whilst loaded with the valuable fossil fuel run on power generated by burning fossil fuels, releasing tons of CO<sub>2</sub> into the atmosphere. The oil is later used by machines to create a batch of plastic bags, who receive juice via power plants running on coal. Next, the bags are then shipped to grocery stores by land (and perhaps sea), making the transport vehicle release even more CO<sub>2</sub> into the air. Finally, after being purchased and used, the bag is thrown away, which usually means it will be blown away by the wind into the sea. A single bag can pose a major threat to marine animals, causing them to suffocate upon ingestion.

Plastic, which the bag is exclusively composed of, will never break down completely in the wild; instead, the persistent substance accumulates within the adipose tissues (the animal tissues which store body fat) of sea animals and passes on to predators once they are eaten. This means that the higher an animal is located in the food chain, the more persistent substances its body contains.

## “How can I reduce my environmental impact?”

Since the human race is responsible for this global crisis, human beings, as a whole, are the only ones capable of reversing the same damage we're responsible for.

Since every little bit helps, here are a few easy ways to help the environment:

- Do not buy unnecessary items if your old ones can still be of use (e.g. phones, clothes and bags.) One of the biggest eco-problems is household waste, and the most efficient solution is to reduce consumption.
- Recycle your trash correctly as often as possible. Recycling resources reduces the demand for harvesting more, so keeping them in a cycle is vital to our future.
- Avoid driving across walking distances. People in Iceland tend to be lazy and drive a mere kilometer instead of walking there. This habit must stop soon, as the average Icelander is responsible for releasing about 5,4 tons of carbon dioxide



# THE PARKING DISASTER OF FG.

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There is a well-known problem in FG, more commonly known as the Parking disaster. Students keep parking in illegal spots and it is driving FG headmaster Kristinn and the school's faculty insane. Kristinn has repeatedly threatened to tow the offenders' vehicles but that doesn't seem to deter the offenders.

Kristinn, the school administrator, was interviewed on the topic. When asked about his thoughts on the subject he declared he wasn't sure whether using the words "parking disaster" would be accurate. Although certain that the students do have a parking problem, the school's headmaster suspects this problem stems from a lack of respect from students towards rules and markings around the school. However, Kristinn also noted that the issues might stem from the lack of parking spaces. He pointed out that it is especially dangerous when students illegally park right in front of the school by the roundabout, as that hinders first aid responders' access in case of an emergency. When asked about a solution, Kristinn suggested towing the illegally parked cars away to deter people from parking illegally, at least for a few months. This has been tested out in the past with great results, even if just one or two cars ended up getting seized.

Kristinn has also suggested getting the police involved, so they can ticket the cars that are illegally parked. He noted that having school staff stand outside to prevent students from illegally parking would not be ideal, as doing so would waste a lot of time and effort which should rather be spent elsewhere. One of his suggestions includes advertising and encouraging students, especially those that live close by, to use other forms of transport such as walking, cycling or taking the bus. Conveniently, the school has a specific space for bicycles and a nearby bus stop. However, Kristinn confessed to being a poor role model, since he drives to school almost every day. The school encourages employees to use other means of transport by giving them a bit of money for it. Kristinn also stated that it would not be currently possible for the school to offer that to students as it would cost too much.

The parking disaster of FG is obviously something that needs to be taken seriously as it can be very dangerous for cars to be illegally parked as well as potentially hindering access for first aid responders in case of an emergency. There have been a number of ideas on how to solve this parking problem, the main one being to tow illegally parked cars.



# Össur

We went to visit a company called Össur. Össur is an Icelandic company that started off small but is now an international health technology company that designs and manufactures prosthetics, braces and support products with the goal of improving people's mobility. The company was founded in 1971 and has grown immensely since then. Össur was invented by a man named Össur Kristinsson who lost his leg and felt he needed good products to help him move forward but there were not many around 1970 so he took the problem into his own hands and went to school to study perstatic specialist and then founded Össur. There are around 4.000 employees in 36 countries. The company's headquarters are located in Iceland, however there are offices situated around the whole world. People at all ages work at Össur and the gender division is very even. This company is doing great things and helping so many people that have trouble with movement and other things. Dagrún told us about Össurs contribution to the UN Sustainable Development Goals. They are following at least 6 of them which are good health and well-being, Gender equality, decent work and economic growth, responsible consumption and production, climate action and peace, justice and strong institutions.

When we arrived at Össur Dagrún Árnadóttir welcomed us and showed us around the place, we went up to the third floor to a presentation room, we had soda and candy waiting for us. She showed us their products and what they make, she had a presentation ready for us and told us about Össur, and how it all started and how they are doing now, Dagrúns college Kristín she came with two liner socks one was for a child which was small and very stretchy and thick inside, and the other one was for an adult it was very big and it had two different liners inside, one side was solid and the other had breathable liner, it was very interesting and exciting to see. This visit was so interesting and it is so amazing to see all the great things that this company is doing.



# Three Cities Students Should Visit

Visiting countries benefits students. It helps people understand different cultures and learn new languages from select country seeing. Travelling should be something every student needs to experience, whether they are doing a tour of a specific country or just visiting one city. Travelling can be done in so many different ways. Sharing new things is always so fun, so travelling alone, with a travel buddy or even with family is always fun. Down here are a few cities every student should visit during their high school or university years.

## 1. Berlin, Germany

At the top of the list comes Berlin, which is the capital of Germany. Berlin's history is one of a kind, and it is fascinating. There are so many outstanding tourist attractions in Berlin that are genuinely amazing and are a must if you plan a trip to Berlin, such as Sachsenhausen, The Berlin Wall, The Berlin Parliament or, in German, known as Reichstag Dome. So as you can see Berlin is a fantastic city that all students should visit, get to know the country and art culture better.







## 2. LONDON, ENGLAND

AT NUMBER TWO COMES LONDON, THE CAPITAL OF ENGLAND, BERLIN LONDON, IS A BUSTLING TOURIST CITY, WITH SO MUCH SIGHTSEEING TO DO. YOU CAN VISIT THE LONDON EYE, BUCKINGHAM PALACE AND MANY OTHER GREAT TOURIST ATTRACTIONS IN THE BEAUTIFUL CITY OF LONDON. SO MUCH UNIQUE HISTORY ABOUT THE ROYAL FAMILY, WHICH MAY BE ATTRACTIVE TO MANY PEOPLE.

## 3. PARIS, FRANCE

PARIS, FRANCE, AT THE 3RD CITY EVERY STUDENT SHOULD VISIT, WITH OUTSTANDING ARCHITECTURE AND GORGEOUS TOURIST ATTRACTIONS THAT EVERY STUDENT HAS TO EXPERIENCE AT LEAST ONCE IN THEIR LIFE. MUCH HISTORY AND VERY DIFFERENT CULTURES DEPENDING ON THE COUNTRY YOU ARE VISITING FROM. GENUINELY UNIQUE PLACES LIKE THE EIFFEL TOWER, THE ARC DE TRIOMPHE AND MANY OTHER GREAT PLACES EVERY STUDENT HAS TO SEE FOR THEMSELVES.

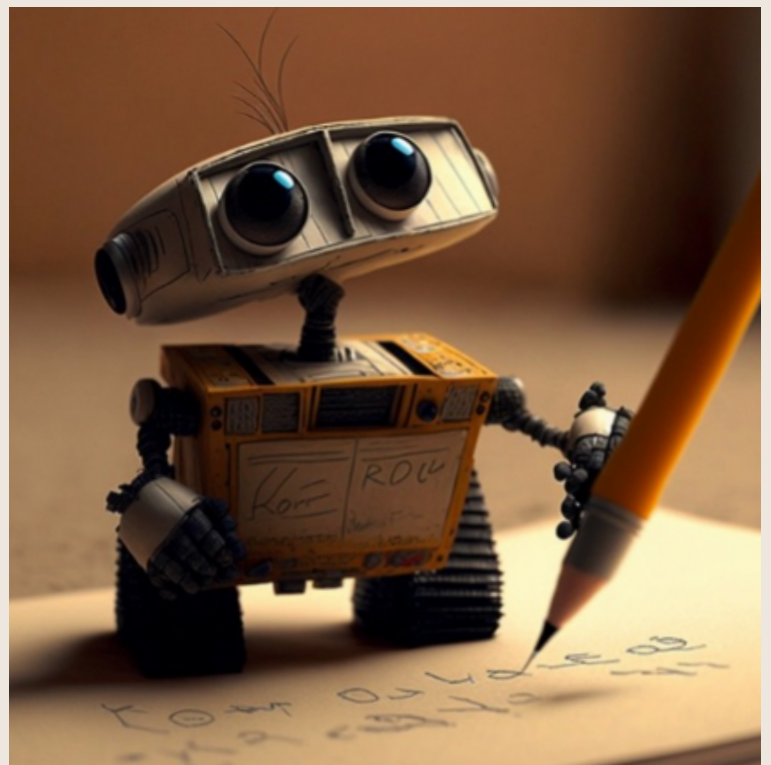


# The Future of Writing and Learning: The Impact of AI Writing Tools on Education

ARTIFICIAL INTELLIGENCE IS CHANGING THE WAY WE APPROACH EDUCATION; IT IS BECOMING INCREASINGLY COMMON FOR AI-POWERED SYSTEMS LIKE CHATGPT TO BE USED IN SCHOOL ASSIGNMENTS. AI WRITING, IN PARTICULAR, HAS THE POTENTIAL TO REVOLUTIONIZE WRITING AS AI SYSTEMS CAN FUNDAMENTALLY CHANGE THE WAY WE LEARN AND APPROACH WRITING TASKS.

WHAT IS AI WRITING? AI WRITING IS AN ARTIFICIAL INTELLIGENCE SOFTWARE APPLICATION THAT CAN HELP ONE WRITE BETTER. THEY CAN ASSIST WITH MANY THINGS LIKE GRAMMAR AND SPELLING, STYLE AND TONE, AND EVEN WRITING TEXTS. CHATGPT IS A MORE SOPHISTICATED AND POWERFUL TOOL THAT ENHANCES STUDENTS' WRITING SKILLS BY GENERATING HUMAN-LIKE RESPONSES TO TEXT PROMPTS. HOWEVER, CHATGPT HAS A MUCH BIGGER THING IT CAN DO THAN WRITE ESSAYS AND ASSIGNMENTS FOR STUDENTS OR PROVIDE FEEDBACK ON GRAMMAR AND STRUCTURE.

THEY CAN HELP OUT WITH BRAINSTORMING AND MAKING DRAFTS FOR ASSIGNMENTS AND ACTIVITIES. ASSIST WITH COMPOSING TASKS LIKE EMAILS OR ESSAYS, RESUMES, AND COVER LETTERS. SOLVE MATH PROBLEMS, AND NOT ONLY THAT, BUT ALSO RATHER COMPLEX ONES, OR EVEN TELL JOKES. IT CAN BASICALLY DO EVERYTHING ONE WANTS; ONE JUST HAS TO ASK APPROPRIATE QUESTIONS, AS THEY REJECT INAPPROPRIATE REQUESTS (EDUCATOR CONSIDERATIONS FOR CHATGPT, N.D.; TIMOTHY, 2022).





AI WRITING CAN BE A BENEFICIAL TECHNOLOGY FOR THE FUTURE, BUT STILL, THERE ARE CONCERNS ABOUT ITS INFLUENCE AND IMPACT ON EDUCATION. HOWEVER, WE CAN BE SURE THAT AI WILL TRANSFORM EDUCATION AND THE ACADEMIC COMMUNITY. THE NEWEST LANGUAGE MODEL, GPT-4, ALLOWS FOR GREATER ACCURACY AND SMARTER WRITING. NEVERTHELESS, THERE ARE RISKS AND PROBLEMS ASSOCIATED WITH IT. MISINFORMATION IS A CHALLENGING ISSUE IN AI AS IT CAN BE HARD TO DETECT IT. IN ADDITION, IT CAN BE CHALLENGING TO DISTINGUISH BETWEEN INFORMATION THAT IS SIMPLY INACCURATE OR HAS BEEN PURPOSEFULLY CREATED TO MISLEAD.

WHILE AI WRITING TOOLS CAN NOT INTEND THIS, THEY CAN BE GUIDED BY HUMANS WITH BAD INTENTIONS TO ACCOMPLISH IT (ROMERO, 2022). THEN THERE IS THE CONCERN ABOUT THE QUALITY OF THE TEXTS AS AI CANNOT REPLICATE HUMAN COGNITION, EMOTION, OR KNOWLEDGE. IN ADDITION, THERE IS THE POSSIBILITY OF PLAGIARISM, AS AI WRITING TOOLS COLLECT AND PARAPHRASE INFORMATION FROM THE INTERNET, SO THEY ACTUALLY DO NOT UNDERSTAND THE TEXT THEY GENERATE (MANYINSA, 2023).

AI RAISES SOME CONCERNS REGARDING ACADEMIC HONESTY AND PLAGIARISM, BUT AS OF APRIL 2023, TURNITIN ACTIVATED AN AI WRITING DETECTOR. BY THAT, THE TECHNOLOGY IDENTIFIES THE USE OF AI WRITING TOOLS, INCLUDING CHATGPT (CAREN, 2023). AI TOOLS MAY IMPACT THE STUDENT'S LEARNING EXPERIENCE. EVEN THOUGH THEY CAN BE BENEFICIAL, EXCESSIVE RELIANCE ON TECHNOLOGY CAN STUNT CRITICAL THINKING AND ACADEMIC INTEGRITY.

OVERALL, INTEGRATING AI WRITING TOOLS INTO EDUCATION HAS POTENTIAL BENEFITS AND DRAWBACKS. BY USING AI WRITING TOOLS, STUDENTS CAN RECEIVE INSTANT FEEDBACK ON THEIR WRITING AND LEARN FROM THEIR MISTAKES, WHILE TEACHERS CAN SAVE TIME ON GRADING AND FOCUS ON PROVIDING PERSONALIZED FEEDBACK TO EACH STUDENT. AS AI WRITING ADVANCES, IT HAS THE POTENTIAL TO REVOLUTIONIZE EDUCATION BUT ALSO POSES CHALLENGES. THE ADVANTAGES ARE NUMEROUS; HOWEVER, INDEPENDENT THINKING AND ACADEMIC INTEGRITY MUST BE CONSIDERED WHEN INCORPORATING THEM INTO TEACHING. DO EDUCATORS NEED TO EMBRACE ARTIFICIAL INTELLIGENCE WRITING TOOLS?

## **FÉLA3ab05**

IF YOU ARE INTERESTED IN CRIME THEN  
THIS CRIMINOLOGY COURSE IS FOR YOU!  
YOU WILL LEARN EVERYTHING ABOUT  
CRIME IN ICELAND AND AROUND THE  
WORLD

THE COURSE IS SUPER FUN AND THE  
TEACHERS ARE GREAT

Join us for the sext spring  
semester!



# Religion and Religios

# DISCRIMINATION

Religion is a system of beliefs, values, and practices that relates to the existence of a higher power or powers that are beyond the physical world. It involves a set of rituals, moral codes, and doctrines that guide the behavior and worldview of its adherents. There are many different religions in the world, each with its own unique set of beliefs and practices. Some of the major world religions include Christianity, Islam, Hinduism, Buddhism, Judaism, and Sikhism. Religion can play a significant role in people's lives, providing a sense of meaning and purpose, comfort in difficult times, and a community of like-minded individuals. However, it can also serve as a source of conflict when different religious groups have different beliefs or clash over social and political issues.

The study of religion, also known as religious studies, involves the exploration of the beliefs, practices, and history of various religious traditions. This interdisciplinary field draws on a range of academic disciplines, including anthropology, sociology, psychology, philosophy, and history.

Religion can be described as a set of beliefs, practices, and values that relate to the existence of a supernatural or divine power, and which shape the way individuals and communities understand the world and their place in it. In many cases, religions provide a moral framework for individuals and communities to live by, offering guidance on how to live a good life and achieve a positive outcome in the afterlife. They often involve rituals and ceremonies that help to reinforce these beliefs and values and provide a sense of community and belonging for followers.

Religion can also be a source of comfort and hope in times of hardship, providing individuals with a sense of purpose and meaning that can help them to cope with difficult circumstances. At the same time, religion can also be a source of conflict, as different beliefs and practices can lead to disagreements and even violence between different groups.

Discrimination based on religion, also known as religious discrimination, occurs when individuals or groups are treated unfairly or differently because of their religious beliefs or practices. This can take many forms, including exclusion from certain opportunities or services, harassment, stereotyping, or even violence.

Religious discrimination can occur in various settings, such as the workplace, schools, housing, healthcare, and public accommodations. It can affect individuals of any religion or denomination, but it is more prevalent in areas where there is religious diversity and tension.

There are many cases in which children and teenagers go through this discrimination in school and other public places. Many Muslim women who wear a hijab go through all kinds of stigma and people look at them as if they are dangerous. Religious discrimination has a very bad and scary history. In World War 2, Jewish people were tortured in the extermination camps made by Hitler and the Nazis, only because of their religion. And today Muslims are going through the same thing. In China there are camps called the Xinjiang internment camps. The Chinese government is expanding detention camps in an effort to suppress the Uighur Muslim minority in Xinjiang China. Christians are definitely the only people who do not and have never had to go through so much prejudice because of their religion. Christianity is the most common religion in the world and even if Jesus teaches them to love everyone, they are usually the people who judge other people because of their religion.

The world is definitely never going to get rid of religious discrimination because there are always going to be people who can't accept that not everyone is the same.





# HEATHERS

Heathers is originally a movie that premiered in 1989. Heathers is an American teen black comedy film written by Daniel Waters and directed by Michael Lehmann. The main purpose of the film is to expose the worst of humanity. The movie is about sensitive subjects such as murder and suicide. The way that it is written and shown in another light is amazing to watch because they are hiding the seriousness behind comedy.

The main characters are Veronica and J.D. and they are the people who are killing others but cover it up by making suicide notes. Veronica is very good at faking other peoples hand writing so people don't suspect them of killing students.

The first version of the musical was in 2010 on Broadway. The musical is a little different than the movie but it follows the exact same story line. The musical however shows a different theme, anti-bullying.

Veronica is an outsider that does not have many friends except one girl, Martha. In the beginning of the musical we can see her start too change her mind about her friendship with Martha as she starts to be much more with the Heathers, three girls that all have the same name.

After Veronica crosses Heather Chandler when she says that she does not want to be a part of the most popular girls in Westerburg High School. Chandler gets very mad at her and says that no one will ever talk to her again. Veronica, knowing that Heather Chandler holds much power in their school, goes to apologize to her but her new boyfriend J.D. ends up killing her and they make it look like suicide.

We can clearly see that J.D. is seen having schizophrenia, attachment disorder, dysfunctional coping mechanisms, and addictions stem primarily from his unstable home and social life caused by his parents' mental illness and neglect.

This play puts very serious matters and problems that we have in the world into other perspectives. For example when Heather McNamara says that she has thought about killing herself, the song "Lifeboat," is a surprising blend of dark and sweet.

You can clearly see that J.D. has for example schizophrenia, attachment disorder, dysfunctional coping mechanisms, and addictions stem primarily from his unstable home and social life caused by his parents' mental illness and neglect.

He can not see the wrong things that he is doing until the end of the story.

This is a very interesting play and I recommend that everyone watch it. If you have watched the movie Mean Girls, then it is very likely that you will also like the movie Heathers because Mean Girls is based off of Heathers.

Heathers The Musical was shown in FG on the 16th of march. A lot of people went to see the musical knowing nothing about it. The show got very good feedback from the audience and they were often shocked by how dark the storyline was, they did not expect it to be about these topics.

The auditions for the musical are held once a year, in November, the auditions are open to all students that study at FG. There are a lot of people who think that the musical is only for the drama course kids that study acting but it is absolutely not just for them. If you are studying in another major but you also find it fun acting on stage I recommend that you go to the auditions for the next musical. It would be so much fun if more students in other majors would try out for the play or the musical.



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# What to do Before Picking a University

When choosing a university there are a lot of things you have to keep in mind. It is very important that the school you pick can accommodate your needs and offer you a good education. Here are three things that you should do before picking a school:

## *1. Research the schools*

It is important to do your research before picking a school to see if it suits you. Most universities have a lot of information about their schools on their websites. These offer you an opportunity to learn more about their school system and what they have to offer. Most schools often have videos from past students where they talk about their own experiences attending the school. These videos can be very helpful to learn about the school's social life.



## *2. Attend presentations*

Most schools offer students a chance to visit the schools and talk to the teachers. Háskóladagar is a day where you can visit each school and learn more about the majors they have to offer. During your visit you can take a tour around the school and talk to current students from each department. You can learn a lot about the schools by seeing it in person and talking to other university students about their daily school life.

## *3. Choose according to your wants and needs*

It is important to figure out what you're interested in learning and choose a school that offers the major you want to study. Schools often have a different approach to teaching and you have to figure out what suits you. Do you learn better when working in groups or alone or do you learn better when reading books or working with your hands? If you have any learning disabilities it can be helpful to research how the schools can help you overcome the obstacles you will encounter.



# The Truth to Teaching Toddlers

When it comes to our children's wellbeing it's important that they're being well looked after by the adults that surround them. The kindergartens in Iceland play an integral role in the children's development where they spend most of their waking hours. This is where their school education begins at 12-18 months old, and it is therefore very important that the teachers make the most of these hours. The toddlers learn to walk, talk, communicate, self-control and express their emotions. How these important things are thought during this time will most likely effect future behaviour and education. There is definitely a need for more kindergartens, but a problem arises as there is a lack of qualified teachers graduating. Almost every single person learning early childhood education has worked at a kindergarten before studying it, some might consider it odd but understandable.



When teaching toddlers, you have to revisit your inner child and relearn how to play. Toddlers don't really understand the concept of education, but they understand games, imagination and playing. Kindergarten teachers have learned to get their points across through playing with them, sometimes using very developed methods, e.g. Lubbi who teaches kids and toddlers linguistic sounds and Blær whom teaches them about friendship.



„How can you handle 20 toddlers at once, I can barely handle two at home” is a question most kindergarten teachers hear on a regular basis. The truth is that it's hard but you still get excited to see these kids every single day and follow them through their first years. It's easy to forget the hard days when the others bring you joy and laughter. This life might not be for everyone, but it is definitely for me.



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